

# 4TH OF JULY MENU PLAN







CROCKPOT ZESTY
BBQ CHICKEN





CORNSTARCH (2 TBSP)

STRAWBERRY JELLO (1 3-OUNCE BOX)

### ENTREE

INSTANT POT RIBS



RECIPE HERE

GRANULATED SUGAR (2 1/4 CUP +1/2 TSP) POWDERED SUGAR (3 CUPS)

#### SIDE

**BACON RANCH POTATO SALAD** 



**RECIPE HERE** 

#### SIDE

COPYCAT KFC COLESLAW



RECIPE HERE

MILK (3/4 CUP)

WHIPPED CREAM

SALTED BUTTER (3 TBSP)

EGG WHITES (4)

### DESSERT

STRAWBERRY



**RECIPE HERE** 

## DESSERT

FIREWORK BUNDT CAKE





**GREEN ONIONS (2 BUNCHES)** 

SHREDDED CABBAGE (8 CUPS)

SHREDDED CARROTS (1/4 CUP)

STRAWBERRIES, SLICED (4 CUPS)

## **SHOPPING LIST**

PANTRY STAPLES	PANTRY STAPLES CONT	<u>PROTEIN</u>	<u>SEASONINGS</u>
BBQ SAUCE (2 CUP)	CAKE FLOUR (2 1/4 CUPS)	CHICKEN BREAST (1 1/2 POUNDS)	CHILI POWDER (1 TSP)
ZESTY ITALIAN DRESSING (1/4 CUP)	BAKING POWDER (2 TSP)	BABY BACK RIBS (3-4 POUNDS)	PAPRIKA (1 TSP)
BROWN SUGAR (1/4 CUP + 2 TBSP)	BAKING SODA (1/2 TSP)	BACON CRUMBLES (1 1/2 CUP)	GARLIC POWDER (1 TSP)
WORCESTERSHIRE (1 TBSP)	VANILLA EXTRACT (2 TSP)		ONION POWDER (1 TSP)
APPLE JUICE (2 CUPS)	CLEAR VANILLA EXTRACT (1/2 TSP)	<u>DAIRY</u>	SALT AND PEPPER
RANCH DRESSING MIX (1 PACKET)	ALMOND EXTRACT (1/2 TSP)	SOUR CREAM (16 OUNCES)	
MAYONNAISE (1/2 CUP)	VEGETABLE OIL (1/2 CUP)	SHREDDED CHEDDAR (1 1/2 CUP)	PRODUCE
LEMON JUICE (2 1/2 TSP)	RED AND BLUE FOOD COLORING	BUTTERMILK (1 1/4 CUP)	POTATOES (2 POUNDS)