

## FATHER'S DAY MENU PLAN



### **ENTREE**

GRILLED STEAK FAJITAS





### **ENTREE**

GRILLED HULI HULI CHICKEN



**RECIPE HERE** 

#### SIDE

CHARRO BEANS



RECIPE HERE

### SIDE

GRILLED VEGETABLES



**RECIPE HERE** 

### DESSERT

BOURBON PECAN PIE



RECIPE HERE

### DESSERT

CONGO BARS



RECIPE HERE

### **SHOPPING LIST**

# PANTRY STAPLES OLIVE OIL (1/2 CUP +2 TBSP)

- PINEAPPLE JUICE (1 CUP)
- SOY SAUCE (1/2 CUP)
- BROWN SUGAR (1/2 CUP)
- KETCHUP (1/3 CUP)
- CHICKEN BROTH (1 1/4 CUP)
- BROWN SUGAR (3 1/4 CUP + 2 TBSP)
- LEMON JUICE (1/2 LEMON)
- 9-IN PIE CRUST (1)
- DARK CORN SYRUP (1 CUP)
- BOURBON (1/4 CUP)
- VANILLA EXTRACT (2 TSP)
- PECANS (2 CUPS)

### **PANTRY STAPLES**

- FLOUR (2 3/4 CUP)
- BAKING POWDER (2 1/2 TSP)
- MILK CHOC CHIPS (2 CUPS)
  WALNUTS (1 CUP)

### **DAIRY**

- UNSALTED BUTTER (2/3 CUP + 1/4 CUP)
- EGGS (6)

### **CANNED GOODS**

PINTO BEANS (2 15-OZ CANS)

MEXICAN DICED TOMATOES (1 15-OZ

CAN)

### **BREADS/BAKERY**

SMALL FLOUR TORTILLAS (8)

### **SEASONINGS**

- CHILI POWDER (1 TBSP)
- GROUND CUMIN (4 TSP)
- GARLIC POWDER (1/2 TSP)
- ONION POWDER (1/2 TSP)
- CAYENNE PEPPER (1/4 TSP)
- PAPRIKA (2 1/2 TSP)
- OREGANO (1 TSP)
- CRUSHED RED PEPPER (1/2 TSP)
- SALT AND PEPPER

### **PROTEIN**

- FLANK STEAK (2 LBS)
- BONELESS, SKINLESS CHICKEN
- THIGHS (4 LBS)

THICK CUT BACON (8 SLICES)

CUBED HAM (1 CUP)

### **PRODUCE**

- LIMES (2)
- GARLIC (11 CLOVES)
- BELL PEPPERS (2)
- ONION (2)
- FRESH GINGER (2 TSP)
- GREEN ONIONS (GARNISH)
- JALAPENOS (2)
- ZUCCHINI (2)
- MUSHROOMS (8 OUNCES)
- ASPARAGUS (1 BUNCH)
- YELLOW SQUASH (2)
- CORN ON THE COB (2)
- RED ONION (1)