

## MARDI GRAS MENU PLAN



MAIN DISH	APPETIZER	SIDE DISH	SIDE DISH	DESSERT	DESSERT
SLOW COOKER JAMBALAYA	BOUDIN BALLS	DIRTY RICE	HUSH PUPPIES	KING CAKE	EASY BEIGNETS

## SHOPPING LIST

PANTRY STAPLES	PANTRY STAPLES	<u>SEASONINGS</u>	PROTEIN
CHICKEN BROTH (2 CUPS)	TARTAR SAUCE (FOR SERVING)	DRIED THYME (1/2 TSP)	BONELESS SKINLESS CHICKEN
BEEF BROTH (3 1/2 CUPS)	INSTANT YEAST (1 PACKET, OR 2 1/2 TSP)	 DRIED OREGANO (2 TSP)	BREASTS (2 LBS)
TOMATO PASTE (1 TBSP)	ACTIVE DRY YEAST (1 TSP)	CAJUN SEASONING (3 TBSP)	ANDOUILLE SAUSAGE (1 LB)
RAW LONG GRAIN RICE (2 1/2 CUP)	PECANS (3/4 CUP)	CAYENNE PEPPER (1/2 TSP)	RAW SHRIMP (1 LB)
COOKED RICE (1 CUP)	VANILLA EXTRACT (1 TSP)	РАРПІКА (1 1/2 TSP)	PORK SAUSAGE (1 LB)
FLOUR (6 3/4 CUP)	SANDING SUGAR (GREEN, YELLOW,	GARLIC POWDER (1/2 TSP)	GROUND PORK (1/2 LB)
BREAD FLOUR (3 1/2 CUPS)	PURPLE)	ONION POWDER (1/2 TSP)	GROUND BEEF (1/2 LB)
PANKO (1 CUP)	CHOCOLATE SYRUP (FOR DIPPING)	GROUND CINNAMON (1 TBSP)	
OIL FOR FRYING (4+ QTS)		SALT AND PEPPER	
CORNMEAL (3/4 CUP)	DAIRY		PRODUCE
SUGAR (1/2 CUP + 1 TBSP)	EGGS (3)	CANNED GOODS	ONION (3)
BROWN SUGAR (1 CUP)	BUTTERMILK (1 CUP)	DICED TOMATOES (1 28-OZ CAN)	BELL PEPPER (1 RED, 2 GREEN)
POWDERED SUGAR (3 1/2 CUPS)	MILK (1 CUP)	EVAPORATED MILK (1/2 CUP)	CELERY (5 RIBS)
BAKING POWDER (1 1/2 TSP)	UNLSATED BUTTER (1 CUP +1 TBSP)		GARLIC (3 TSP)